

## **Dr. Harrison received her degree from the University of Maryland and went on to become** **By Dr. Mona Harrison**

Dr. Harrison received her degree from the University of Maryland and went on to become the assistant dean of Boston University School of Medicine. As chief medical officer for D.C. General Hospital, she directed the trauma center, emergency center, and outpatient services. She currently specializes in pediatrics and family medicine.

As a doctor, I find it necessary to stay current with the alternative medical products on the market. I have to know what effects they may have on my patients.

I learned about the noni juice a few months ago from one of my staff members. After two weeks on noni, she had experienced dramatic results, including the virtual elimination of her varicose veins and a long-term digestive problem.

I sent several bottles to patients around the country. I told them to try noni, but didn't let them know there was anything extraordinary about it. The following results have been documented by other physicians and are not just my own observations.

One of my patients was suffering from kidney cancer with metastases, or the movement of malignant cells, to her lung and brain. She had been given only two weeks to live. Within that two-week period, she took noni juice and it cleared up her lung lesions. That was back in November (1996) and she is still with us.

Another patient who had positive results with noni was a woman with degenerative arthritis who'd been in pain for approximately twenty years. She'd had knee replacements in 1990, but that didn't solve the problem. She had to walk with a cane and had a hard time getting up from a sitting position.

After being on noni for three days, she was able to throw her cane away, get up from a sofa, and run most of the way across the room without pain. She knew that the noni had done it, because it was the only thing she had changed in her life.

Another patient who had liver cancer and a swelling of fluid in the abdominal area. After seven days on noni juice this acidic fluid cleared up completely.

She had the first case I mentioned were terminally ill cancer patients who no one anticipated would make it, but they are alive today because of noni.

I also had a patient with macular degeneration, a dark spot on the back of her eye, who was helped by the noni. Her vision had deteriorated so much that she was essentially blind. She'd been to some of the best ophthalmologists and top medical centers, but they

hadn't been able to help her.

After two and a half weeks on the noni, her ophthalmologist documented that there was a regeneration of cells to replace the ones that had deteriorated.

Another woman had a cyst on the back of her neck. She had felt it under the skin for months. Noni was able to draw the cyst out to the point that it could be lanced and removed without a problem.

Noni juice also dramatically improves high blood pressure. One woman's blood pressure was 170/100 and we could not budge it. After two months on noni, it's 130/80.

All of these results stem from noni's enhancement of the activities of the pineal gland. This vital gland is where serotonin is produced, from which melatonin is synthesized. Melatonin helps regulate sleep, mood, puberty, and ovarian cycles.

In the brain, serotonin and melatonin affect conditions multiple sclerosis. With MS, a pigmented area in the brain called the substantia nigra is missing some of the needed pigment. Noni juice restores this chemical material to the brain, causing a favorable response in people with MS.

There are serotonin receptors in the digestive tract as well, so noni can improve digestion. Noni also balances the body's pH levels, which affect one's ability to absorb minerals and vitamins.

Noni enhances the function of the thyroid and thymus glands, helping to ward off infections and other problems with the immune system. It can even reverse depression, because it allows neural hormones to work. Noni juice helps the pancreas to balance blood sugar. Women who drink noni juice have fewer cramps, and men who drink noni have less swelling in their prostate.

Noni basically enhances whatever medical treatment a patient is receiving. I've spoken to ancient healers in Hawaii who consider this to be a sacred fruit and they aren't at all surprised by the incredible medical results we've had with the noni.

The modern world of medicine is finally starting to catch up to the knowledge of ancient times. We now have the equipment necessary to evaluate what it is about the noni plant that allows it to cause such dramatic improvement in so many areas of the body. Noni, an ancient remedy, is finally being validated by breakthroughs in modern technology.

Dr. Mona Harrison